

MISSION :

We believe it is our mission to support individuals with disabilities by encouraging and assisting them to accomplish health and fitness goals, valued personal goals, and a sense of belonging in their home and community. We will provide a supportive atmosphere of love, care, acceptance, dignity, and respect while upholding their right to:

- BE FREE TO MAKE DECISIONS/CHOICES
- BE AN INTEGRAL MEMBER OF THE COMMUNITY IN WHICH THEY LIVE
- BE THE BEST THAT THEY HAVE THE DESIRE TO BECOME



Celebrating a Monumental Milestone

Program Manager, Veronica Snyder, stands proudly next to Jordan after his Graduation. Showing up for our individuals helps them to feel encouraged and supported in their lives and builds up their confidence.



Dedication Pays Off

Derek, just celebrated 5 years at Walmart! Individuals can achieve tremendous things when we cultivate, believe in, and support them in their goals and dreams.



Connection and Compassion

Rachel Clancy, Central Missouri Community RN, embraces two kiddos who have been in her care. This relational connection shows how trust and compassion are the foundation blocks to providing optimal care.



Restoring hope one relationship at a time.



Caring Has Impact

In May we celebrated National Nurses Week for all our nurses who go above and beyond to connect and make a lasting, positive difference with each of our clients. Pictured above, left, Brianna and Community RN Jill Strozewski share some giggles and fun with a Hello Kitty craft kit. Pictured above, right, Program Managers Megan Meehan and Gina Kuhlmann rock-paper-scissors for which team will get to serve first at Restoring Hope's first - ever volleyball tournament.

Carrot, Egg, or Coffee Bean

BY WHITLEY LEMON

There is a transformational lesson we each could learn from the carrot, egg, and coffee bean as it relates to our external environment and how we allow it to impact and influence us internally. From bestselling author Jon Gordon and rising star Damon West comes *The Coffee Bean*: an illustrated fable that teaches readers how to transform their environment, overcome challenges, and create positive change. What we think and feel on the inside, whether it's expressed openly, will eventually come out of us through our emotions, expressions, tone, and reactions to varying situations in our lives. The key to finding out whether you're a carrot, egg, or coffee bean would be first to know that when you boil each of these items, much like our environment can metaphorically heat up, causing intense pressure, each has very different reactions. The carrot gets soft, an egg becomes hard, but a coffee bean infiltrates its environment. The coffee bean creates magic. Am I right, coffee lovers?!

Can you take an honest look at how you handle stresses, changes, and crises in your life? Do you break down like the carrot? Do you harden your heart and self to those around you, like the egg? Or do you allow yourself to learn, grow, and expand from your situation? Can you positively influence others with your words and actions while going through difficult seasons? I'd say we all have different areas in our lives where we could be all three. That's okay! Life is a constant teacher and we are never done learning. So, the question is, how do we turn these daily, sometimes moment-by-moment stressors, into the coffee bean strategy? Here are some suggestions. Express your needs to others. Have and express gratitude through journaling, thank you notes, or face-to-face interactions with others. For single caregivers, try reaching out to Program Manager(s) as a sounding board. Always remember you are surrounded by a network of like-minded caregivers to lean on. Networking, attending parties, coffee chats, and attending the upcoming conference are excellent ways to connect with others. We know life can smack you in the face at any moment and with no warning. It's truly okay to need help and not have all the answers.

"The Coffee Bean is a quick read that could change your life if you adopt and practice its principles. It's an inspiring tale that follows Abe, a young man filled with stress and fear as he faces challenges and pressure at school and home. One day after class, his teacher shares with him the life-changing lesson of the coffee bean, and this powerful message changes the way he thinks, acts, and sees the world. Abe discovers that instead of letting his environment change him for the worse, he can transform any environment he is in for the better. Abe demonstrates how this simple lesson can unleash the unstoppable power within you. The Coffee Bean is purposely written and designed for readers of all ages so that everyone can benefit from this transformational lesson. This is a book and message that, when read and shared, has the power to change your life and the world around you. You just have to decide: are you a carrot, egg, or coffee bean?" "Never think your circumstances define you. They do not. You define your circumstances by your belief, your faith, your optimism, your vision, your purpose, and by your love...The power is on the inside." - Jon Gordon.



NIXA EXCEL DAY PROGRAM

Although summer has just arrived, participants have been enjoying the warmer weather and sunshine, immersing in outdoor recreation like baseball, making a splash at the swimming pool, and enjoying a summer cookout and BBQ. Participants were challenged by staff to tap into their artistic side by posing like the art pieces they found while visiting the Springfield Art Museum. Not only did participants volunteer at The Art Zone in Nixa every Friday by helping clean the building, but they were also able to attend a sunset canvas painting class. The impact of getting out into the community, giving back, and participating in fun and recreational activities is helping our participants build confidence and thrive in their personal lives!



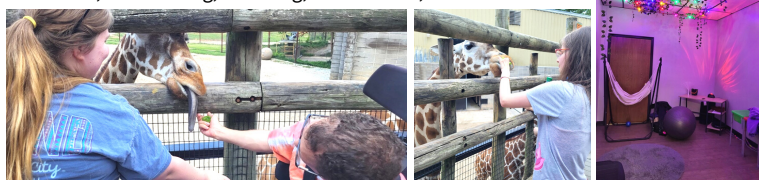
BUFFALO EXCEL DAY PROGRAM

"Buffalo Excel has had an exciting few months. Consumers have been involved in several different activities. With summer now here, Buffalo Excel attendees have enjoyed swimming at the local pool and trips to Bennett Springs, Ha Ha Tonka, and Pomme De Terre. Buffalo Excel is still involved in volunteering at a local thrift store in the community as well as the continued partnership with the Dallas County YMCA. The group has focused on lessons that pertain to internet safety and social skills the past couple of months and have completed various activities focused on applying the concepts learned. They have enjoyed cooking quesadillas, smoothies, as well as eating at Jose Loco and Rocco's Pizza. Consumers are looking forward to attending Big Shots Golf and the Zoo in the upcoming months." - Emma O.



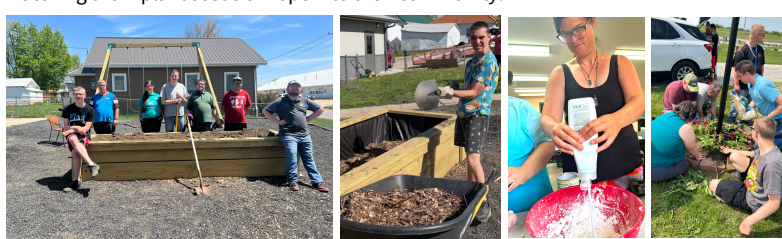
SPRINGFIELD EXCEL DAY PROGRAM

A Spring-Themed focus in April brought about homemade beauty projects, such as tie blankets, gardening, pressed flower crafts, spring-themed sensory bottles, and more. Pictured right, Jeremiah decided to turn his tie blanket into a cool wizard cape. Following came Fantasy Month of May. Participants created fantasy globes, and a fantasy wishing well was made for all to drop in their hopes, dreams, and ideas for next month's calendar. Staff discovered everyone enjoys dressing up, so wigs and dress-up items were made available. Some even had their hair curled. In June, their favorite activity was going to the zoo and feeding giraffes! Participants also had an incredible time at the Art Museum in Springfield. Everyone is enjoying the newly renovated sensory room now, with a swing, bean bag, exercise ball, and more!



KIRKSVILLE EXCEL DAY PROGRAM

Participants have been working hard and enjoying time spent improving their community by planting flowers for the Green Castle Lions Club and the Green Castle Cemetery. For indoor recreation, sensory projects have become a hot trend. Participants loved making cloud dough. In May, a participant's parent donated supplies, and his church community helped with the labor in building raised beds, currently planted with peppers, peas, cucumbers, okra, tomato, green beans, and strawberries. Kristin Snyder, Program Coordinator, says they plan to use what's grown to cook with, but also to share with their community. Individuals love the swing and watching things grow from seed. And we love watching them plant seeds of hope into their community!



Medical ISL's - Lincoln & St. Louis | Traditional ISL - Buffalo



The **St. Louis ISL** clients have been going out into the community and visiting the Mall, going to festivals, the butterfly pavilion, and many other places as the warmer weather has arrived.

"The **Lincoln Medical ISLs** are doing well and enjoying some summer fun. The kids have made trips to the zoo in Springfield, fishing in a local pond, to the movies, swimming at a pool party, and several outings to restaurants. School let out, and we had one graduation, and James is now attending a day program after achieving his high school diploma. The other kids were successful and looking forward to another school year in the fall. Until then, they plan to enjoy the downtime and make some memories.

The **Buffalo ISL** is going strong, and the girls are thriving. They are learning new skills and making new friends. We are currently looking for employment and the right fit for college. This has kept them busy; however, they have found some time to go bowling, go out to eat, do some pottery, take music lessons, and even learn some new dance moves." - Aaron Harms



Anniversary Dates

Each quarter we continue to grow and grow! So, for our caregivers, nurses, and staff who started their journey with us between the months of April - June, we want to say thank you, for their year(s) of serving others!

Contractors

13-14 Years

Carrisa Plevka, Donald Plevka

11-12 Years

Tony Johnson, Charity Hays, Margaret Rothschiller, Phil Pietroburgo, Jill Pietroburgo

9-10 Years

Jaimee Wolfard, Chandra Stratton

7-8 Years

Teresa Dowell, Randy Swanigan, Gaila Tackitt, Liz Brake, Judy Cato

5-6 Years

Kathy Blancett, Jackie Blancett, David Emmons, Heather Montez, Charlie Stevens, Christopher Montez, Batya Emunah, Zerubbabel Emunah, Childress, Glenn Childress, Jairus Yates, Kimberle Yates, Haley Cauthron, Brian Chester, Jessica Chester, Marilou Brown, Bruce Brown, Kimberly Moore, Summer Conaway-Armilio, Jose Montalvo, Liviu Roscan, Olga Roscan, Jill Carter, Timothy Carter, Lois Randall, Valeriu Ionita, Chasity Johnson

3-4 Years

Christina Oller, Gary Oller, Kael Eden, Elvia Eden, Slavik Mechenko, Tanya Seu, Donna Craft, Michael Fisher, Andrey Seu, Marty Sauerbrei, Jason Sauerbrei, Anna Mechenko, Gayla Schepker, Betrina McComb, Clifford McComb, Angela Morrow, Jacob Highley, Jason Hodges, William Snider, Martha Basket

1-2 Years

Julia Phelps, Catelin Davis, Krystal Jones, Mandy Bunch, Darren Bunch, Bayli Cook, Dalton Brake, Greg Hawkins, Wendy Hawkins, Hope Cross, Ben Cross, Jasmine Wright-Kessio, April Purtee, Del Purtee, John White, Cindy White, Susan Stevens, Liz Cook, Rachel Clancy, Jennifer Carter, Daniel Younce, Pete Schultz, Oksana Pavlova, Versaviya Pavlova, Michele Green, Deric Curtis, Severius Brandusa, April Frost, Michael Hays, Allison Rozga, Alina Belinskaya, Kimberly Young, Valerie Welch, David Young, Tarra Luster, Aleksey Pavlov



Staff

5-6 Years

Aaron Harms, Amber Johnson

3-4 Years

Ashleigh Barnett, Scott Stricklin, Hillary Dulaban

1-2 Years

April Chambers, Stanton Benson, Rachel Blythe, Amanda Brant, Heather Childress, Abigail Scharbach, Erin Brawley, Chrissy Ross, Derek Spires, Emily Harding, Megan Meehan, Jessica Motts, Skyler White



Project Hope

Positively impacting local **Homeless Shelters** and **Community Outreach Facilities** throughout the state.



Each year we've partnered with you to bring hope to our communities in an impactful way. And thanks to YOU, our local homeless shelters and community outreach facilities throughout the state have been tremendously blessed. We want to extend a sincere hand of gratitude and thanks for your contributions! It's our passion to see Project Hope continue to grow so our community impact, made together, is greater and greater each year!!



Certification Audit Preparation | Tips

SAFETY EQUIPMENT

- Safety Ladder is present on the upper floors
- Smoke detectors are working (push them to make sure they are working!)
- Carbon monoxide detectors are present on each level of the home if the home uses natural gas, has an attached garage, or uses firewood
- The Emergency Evacuation plan is posted in the home and contains Emergency Numbers
- All seatbelts in the staff vehicle work appropriately
- Fuse Box should be labeled, AND the gas & water shutoff location should be noted
- Fire detectors should be no older than 10 years old and should be located on each level of the home

DOCUMENTATION

- Adaptive Equipment care guides are in the books for any equipment other than eyeglasses
- Overnight Drill needs to be present
- Scripts need to be current
- Residency agreements are needed for all DMH funded Clients
- Any rights restrictions require due process documentation in the books
- ALL RN summaries need to be signed by the SC
- PSA Ledgers need to be signed by the client & Caregiver. If the client can't sign the document, the PM needs to sign in their place
- ISP signatures need to be prior to the implementation date.
- Client Rights AND HCBS need to be updated annually
- All Disaster Drills need to be completed within 24 hours of the client move date

THE HOME

- Water temperature is under 120 degrees F
- All creams, lotions, ointments, etc, are within the expiration dates
- Medications are stored properly (controlled meds require to be double-locked)
- Cameras inside the home are considered a rights restriction and require due process
- Topical creams in the First Aid boxes cannot be expired

PURGE DOCUMENTS THAT ARE PRIOR TO THAT 1 YEAR MARK!

Upcoming Events

Meet & Greet Zoom - Connect with our Host Home Developer, Placement and Respite Coordinators to learn and share!

- July 18th @ 5:30 pm
- July 19th @ 10:00 am
- Aug 15th @ 5:30 pm
- Aug 16th @ 10:00 am
- Sep 19th @ 5:30 pm
- Sep 20th @ 10:00 am

To attend, contact **Heather Thompson**; heatherthompson@werestorhope.com or 417-255-8781.

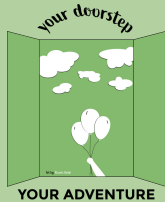
Springfield Regional Summer Party - Grubaugh Family Pool

July 10th | 6:15 pm to 8:15 pm

West Plains Regional Pool Party - Willow Springs Water Park

July 21st | 9 am to 11 am

Conference | Wonderland Camp



18591 Miller Circle
Rocky Mount, MO

Aug 5th | 9 am to 3 pm
(Check-in starts at 8 am)

Business Office Tips

HR - Hot Tip

Electronics Reminders: Don't forget your electronics are generally not designed to BEAT the HEAT! Make sure you take them inside and don't leave them in your car during the summer heat waves. The extreme temperatures in a vehicle can cause problems with your screens and your batteries. Please make sure they can STAY COOL throughout the summertime.

Payroll Team - Recommendations, Resources, and Requests

Did You Know? Did You Know? All Relief/Respite work is paid by submitting our electronic form! Instructional forms and a training video have been made available on the website under our **Forms** tab. You may also find answers to other payroll-related questions here: https://rebrand.ly/RHPayroll_FAQs or, by visiting: www.werestore.com > Forms > input password (ask your PM for assistance if you don't know) > scroll down until you find Payroll | Frequently Asked Questions and select. Our Payroll Team will also be available to assist you. Please allow at least 24 hours for our team to respond to your text, email, and phone calls regarding your

Host Home Relief and/or Out-of-Home Respite submissions. Please also allow 7-10 working days from the beginning of the month for **Room & Board check(s)** to arrive before calling the Business office. **If you're moving, please let us know as soon as possible.** This will prevent disruptions with Room & Board check(s) being delivered in a timely fashion. Additionally, alerting us of your move will help keep you in good standing with DMH, as many of your documents will need to be updated in your file.

Behavioral Tips | Training Videos

Straight From The Behavioral Team

The Behavioral Team has worked very hard to bring helpful tips and informational videos to you! Topics covered range from building the foundations of a relationship with your client, triggers, de-escalating behaviors, finding ways to exit a crisis cycle, and so much more. **Visit our website at:** werestorehope.com > Resources > **Behavioral Tips**, to learn more!

Do You or Your Client Have a Testimony?

Hear From Families Just Like You

Keep up with our Testimonial page at: www.werestorehope.com/testimonials, where new hope-filled videos will be frequently added, or follow us on our social accounts. *If you or your client have a breakthrough or heartwarming story to share, contact:* whitleylemon@werestorehope.com.

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"Each of us is born with a box of matches inside us, but we can't strike them all by ourselves."

- Laura Esquivel